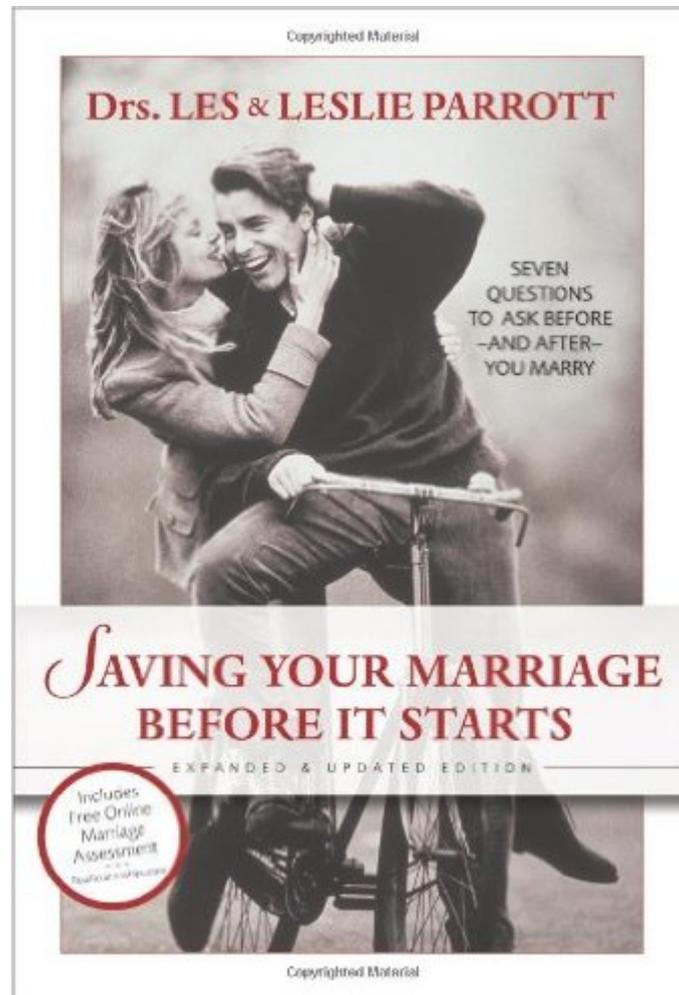


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# Saving Your Marriage Before It Starts



## Synopsis

*Saving Your Marriage Before It Starts*, created by relationship experts Drs. Les and Leslie Parrott, is a comprehensive marriage program designed specifically for today's couples by a couple. And now, in this updated edition, the Parrotts' award-winning approach has been expanded to incorporate ten more years of feedback, research, and professional experience. This is more than a book—it's practically a self-guided premarital counseling course, and it is used by counselors and churches across the country and, now in ten languages, worldwide. Questions at the end of every chapter help you explore each topic personally. Companion men's and women's workbooks\* full of self-tests and exercises help you apply what you learn and enjoy intimate discussions along the way. There is even a seven-session DVD kit (with a bonus session for people entering a second marriage) available that you can use on your own or with other couples in a group or a class that want to grow together. In this dynamic DVD you'll not only hear entertaining and insightful teaching from The Parrotts, but you'll also meet other real-life couples who provide amazing candor and perspective. Relationship experts Les and Leslie Parrott show you the secrets to building a marriage that lasts.

- Uncover the most important misbeliefs of marriage
- Learn how to communicate with instant understanding
- Discover the secret to reducing and resolving conflict
- Master the skills of money management
- Get your sex life off to a great start
- Understand the three essential ingredients to lasting love
- Discover the importance of becoming soul mates

and more. Make your marriage everything it is meant to be. Save your marriage before (and after) it starts.

## Book Information

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## Customer Reviews

As a pastor of 25 years, I have used several books as part of a pre-marital counseling regiment. This is the best, by far! Not only do the Man's and Woman's Workbooks (I suggest ordering them with the book) make premarital counseling simpler, I have found that this book hits the nail on the head. Couples who went through the material in preparation for marriage thanked me after they were married, and they shared how valuable this material was in the daily grind of life. I first heard the authors at a Moody Pastor's Conference in the late 1990's. It did not take me long to determine that I would check out their books. I have since concluded that Drs. Les and Leslie Parrott are exceptional in the realm of understanding human relationships. Although the book is written by a godly Christian couple, this is more of a relational book than a spiritual one, so I would not consider it a complete pre-marital regiment, but a good anchor book. Whether used in counseling or simply read by a couple in their own quest to prepare for marriage, this book is a gem. The Drs. Parrott seem to have a realistic (and well documented) grasp on the nature of marriage. This is practical, hands on material. The book is arranged around 7 questions: Have you faced the myths of marriage with honesty? Can you identify your love style? Have you developed the habit of happiness? Can you say what you mean and understand what you hear? Have you bridged the gender gap? Do you know how to fight a good fight? and Are you and your partner soul mates? Of course no couple entering marriage could honestly answer all those questions with a "yes." But the book provides a good start and helps couples begin to face reality and potential areas of growth.

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